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NOW AVAILABLE IN YELLOW

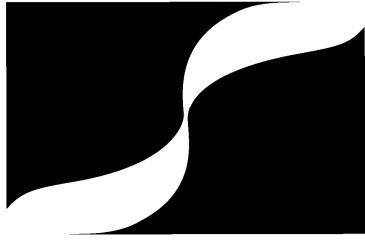


From \$3700

***FREE DELIVERY in Southland
AFTER SALES SERVICE***

***Register now for DRC's
HEALTH & DISABILITY EXPO
Saturday, 5th May 2012
10– 3pm
Registration form page 2***

MAY DAY



DISABILITY EXPO

disAbilities Resource Centre

MAY DAY DISABILITY EXPO 2012

Invercargill Workingmen's
Club

154 Esk Street
Invercargill

Saturday, 5 May 2012

10am - 3pm

**BOOK
NOW!**

Please complete this form to register your
interest in participating in the Expo:

Name of organisation _____

Contact Person _____

Good time to make contact _____

Postal Address _____

Email address _____

Phone number _____ Fax _____

Stand requirements

Stand 2m x 2 m \$50

Extra stand 2m x 2m (if available) \$50 Yes/No

Do you require power extra \$5 Yes/No

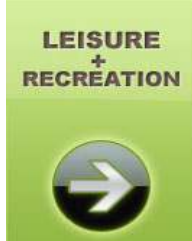
Return to
disAbilities Resource Centre at 192 Spey Street, Invercargill

or
Box 1091
Invercargill 9840
Phone 03 214 5000

Fax 03 218 2694

diane@drcsouth.co.nz

*Check out our new website
www.drcsouth.co.nz*



HOME STAFF CONTACTS NEWS JOBS MAGAZINE CONTACT US SHOP

DRC Southland has a new website. Check it out at www.drcsouth.co.nz. We will be adding more to it over coming weeks so visit frequently, especially our News section.

This magazine is also on the website if there is something you want to refer to later.



DRC SHOP socks



Comfort Socks New Zealand

The Merino Wool sock is one of our most popular socks

Colour—black

Top - Health

Sizes 3-5, 6-10, 11-13

Price - \$14

We also stock from Comfort Socks New Zealand
Bed socks, Bed socks with tread (helps prevent slips and falls), Fisher Long,
Merino Dress, Merino Possum
Price range \$12 - \$22

HumphreyLaw Socks

We now stock an even bigger range of colours, patterns and sizes of the quality HumphreyLaw socks. Most of the socks stocked have health tops - “they do not have tight, circulation reducing tops”.

New items from this range include

Bed Socks Full Cushion Low Pressure
Super-soft Coolmax loops inside keep sensitive skin dry and warm.
Long fibre fleece wool outside for insulation. Does not restrict circulation and slips on easily because there is no heel.
Regular and King
\$13

Extra Large Health Sock
Low Pressure
Foot length 30-35cm
Low Pressure Health Sock but has extra wide foot. Length 30-35cm
Health Sock Shoe Size 14-16



**Socks available in mercerized Cotton and Highlands
Merino Wool Price range \$13 - \$17**

DRC SHOP new items



Chop to Pot
Polypropylene living hinge
Squeeze handle and board folds into a chute to help guide diced/chopped food into pot
3yr guarantee
Dishwasher safe
\$15



Cut and Carve
Double-sided multifunctional board
Angled cutting surface assists drainage and collection of food
Once collected can be poured from the corner
Meat grip on one side
\$21



Palm Peeler Black
Stainless Steel Blade
Dishwasher safe
Slide on finger
\$TBA limited supply

Contenance Pull ons
We have a good range available
XS, Small, Med, Large,
X Large
We sell items individually



DRC's

Community Leisure + Recreation Service

WED CRAFT GROUP Is underway for 2012. There is a waiting list for this popular group but you are welcome to phone us to register your interest.



TUES NIGHT SCRABBLE GROUP Like a friendly game of scrabble? Meets Workingmen's Club 7.30pm every Tues. No subs - just come along. \$2 per night. Transport may be available in your area. Inquiries Ph Joan 2145000.

WANT TO IMPROVE OR MAINTAIN YOUR HEALTH AND FITNESS IN 2012?



There are lots of low cost fun ways to improve your health and fitness, no matter what your age or ability level. DRC's leisure and rec service can help you find an option that suits. Ph 2145000.



Junk, Clutter or Surplus to Requirements?

We are always

looking for donations of household goods, pref clean, tidy and in working order, to raise money for our leisure + rec service. We can collect if you live in the Invercargill area.

ANSWERS TO CHRISTMAS QUIZ

1. **How did Captain Cook and his crew celebrate Christmas on the Endeavour while battling heavy seas off the northern tip of the North Island in 1769?**
With a meal of Goose Pie (made with gannet)
2. **Who is credited with conducting the first Christmas Day Service in New Zealand?**
Samuel Marsden
3. **What tree did some early settlers refer to as 'Antipodean holly'?**
Pohutakawa
4. **What did 72% of Kiwis surveyed in 2006 prefer to eat for Xmas dinner?**
A roast dinner and Christmas pudding

STANDARD PRICES FOR PREPAY CELLPHONES AS AT JANUARY 2012

....are you paying too much?



Skinny (Telecom): 39c a minute, 9c a text
Telecom 69c a minute, 20c a text
Vodafone Prepay Smart 49c a minute, 12c a text
Vodafone Supa Prepay 89c a minute, 20c a text
2degrees 44c a minute, 9c a text

DRC Van

Scratchie Board Winners

No. 127 Wattie Thomas
No. 128 Dave Sutherland
No. 129 Val Black
No. 130 Dave Ellis



Other Raffles

Petrol

No. 15 Susan
No. 16 Wilma V
No. 17 Marian Ruda

Countdown

No. 5 Sandy Diack

*Funds raised from these boards goes towards petrol for the
DRC hospital courtesy van
and DRC Community Leisure + Rec Service*

Well done homework!



DRC General Manager Carol Wood accepts Te Sharna Pennicott-Riki's donation

James Hargest Junior Campus pupil, 11yr old Te Sharna Pennicott-Riki has been doing her homework and disAbilities Resource Centre Southland is very glad she did. Te Sharna's assignment was to plan and implement raising \$50 for charity.

Te Sharna negotiated with family friends and relatives for payment to carry out a variety of around home chores. After hours of hard work, she managed to raise the \$50 and complete her assignment.

Asked why she chose to donate the money to the DRC, Te Sharna said it was because several family members had used DRC services. [ager Carol Wood](#) said Te Sharna's donation would be put towards unfunded services such as petrol money for the DRC's free hospital appointment courtesy van.



disABILITIES RESOURCE
CENTRE SOUTHLAND

**EQUIPMENT DAYS
AT
GORE & DISTRICT SENIOR CITIZENS
ARDWICK STREET
GORE**

**An Information Consultant will be on hand to
discuss any of your disability needs, total mobility
assessments, view equipment to buy or hire.**

Thursday 23rd February 2012

Thursday 26th April 2012

Thursday 21st June 2012

Thursday 23rd August 2012

Thursday 25th October 2012

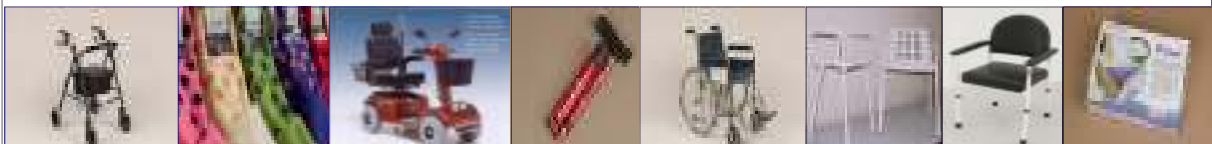
29th November 2012

1pm - 3pm

For further information please contact

Phone 0800 100 531 or 03 214 5000

Email info@drcsouth.co.nz



DRC out & about

9th & 10th March 2012

**Upper Clutha A & P Show
Wanaka Showgrounds on the
Lakefront A & P Show
Site R2**

Info Consultants from disAbilities Resource Centre Queenstown and Disability Information Service Dunedin will be on hand to answer any disability questions. Check out the walking sticks, jar openers, stocking aids, shower stools, walkers and much more

5th May 2012

**May Day
Health & Disability Expo
Invercargill Workingmen's
Club
10am—3pm**

**Gore Equipment Days
For 2012 calendar
See page 8**



PRIVATE PAY

DRC Home Support offers a private pay home help option which is ideal for people who:

- Want to top up their funded home help
- Don't qualify for funded home help and wish to have some

If you would like more information please contact DRC Home Support Service, 192 Spey Street, Invercargill or phone 03 214 5000. A brochure on this service is also available.

**WANTED TO BUY
MASSAGE TABLE IN GOOD ORDER**

PHONE 2167841

DRC notices

Movere® Seat Cane

Code: 1719

**Possible affected product: Seat Canes
purchased after July 2011**

A possible fault in the manufacturing/assembly of the plastic seat may cause the supporting legs to come free which may result in injury.



As a precaution we are recalling the ***Movere*® Seat Cane Code: 1719**

A possible fault in the manufacturing/assembly process of the plastic seat may cause the supporting legs to come free which may result in injury.

The possible affected products are: Seat Canes purchased after July 2011

The supply of these seat canes has been discontinued until such time we can find a suitable replacement product/manufacturer.

Thank you for your assistance in this matter.

Regards,

Hayden Currie

DDI 0800 452 273 Ext. 8120

Email hayden@cubro.co.nz

Cubro

Healthcare Equipment Solutions

Special Olympics New Zealand Southland Club

"Let me win, but if I cannot win,
let me be brave in the attempt."



Special Olympics
Southland

SPECIAL OLYMPICS SOUTHLAND Would like to invite you to an Information Evening

When: Wed 14th March 2012

Where: ILT Southland Football Centre
Islington Street, Invercargill

Time: 7:30pm – 9:30pm



Do you have a child/adult in your community living
with an Intellectual Disability?



Have you wondered what Special Olympics is all
about?



Has your child come home from school with a
Special Olympics ribbon?



Would you like to learn more about who we are and
what we do in your Southland Community?

If so come and join us for a fun, informal but informational
evening – come meet some athletes, volunteers and
coaches.

Contact Alison Saunders, by Monday
12th March 2012 to register.



Alison Saunders, Southland Club Coordinator
Special Olympics New Zealand
03 215 7212

alisonsaunders@hotmail.com

What is Special Olympics New Zealand?

Our Mission:

The mission of Special Olympics is to provide year-round sports training and athletic competition in a variety of Olympic-type sports for children and adults with an intellectual disability, giving them continuing opportunities to develop physical fitness, demonstrate courage, experience joy and participate in a sharing of gifts, skills and friendships with their families, other Special Olympics athletes and the community.

Our vision:

Our vision is to build the programmes offered by Special Olympics New Zealand so that every person with a learning disability has the opportunity, in their local community, to participate in high quality sport and development activities that bring life-changing experiences of increased skills, self-confidence and joy.



P O Box 1091 Postcode 9840
192 Spey Street Postcode 9810
INVERCARGILL
Phone: 03 214 5000 or 0800 100 531
Fax: 03 218 2694
Email: info@drcsouth.co.nz
www.drcsouth.co.nz

The DRC is a not for profit Organisation providing services to people with disabilities, their families, caregivers and the community of Southland.

We provide information on all aspects of disability including: equipment, finance, transport, disorders, services, access and building design. We also provide hire and sale of equipment. We have a home-visiting field work information service for people unable to visit us at the Centre.

The Home Support Service provides personal care and domestic assistance to people in their own homes. Our mission is that ...“all people with disabilities will have the chance to reach their potential”

- Return address
disAbilities Resource Centre
P O Box 1091, Invercargill 9840

